

THE VITAL HEALTH CARE GROUP

Vital Link, A Home Care Company
Vital DME
Vital Link Home Care-South

QUARTERLY NEWSLETTER

~Hurricane Season~

Be Prepared:

Hurricane season is here and we The Vital Health Care Group, want nothing more than for you and your families to be "SAFE". Here are a few tips to help you be prepared:

- **Have a Family Plan.** You should keep a written plan and share your plan with other friends and family.
- **Create a disaster supply kit.** The disaster kit is a useful tool when you evacuate as well as keeping you safe as possible in your home.
- **Secure your home .** There are things you can do to make your home more secure and able to withstand stronger storms.

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THE VITAL TIMES

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Vital Health Care Group Announces New Provider Office Location- Expansion of Coverage Area

The Vital Health Care Group is proud to announce the official opening of our newest provider office in LaPlace, Louisiana, **Vital Link Home Care-South**. During tumultuous times in our industry, we have carefully and meticulously followed through on our vision to expand our coverage area to meet the needs of the communities, facilities and Physicians that we serve. Vital Link Home Care-South is located on the busy corridor along Airline Highway in LaPlace and is in close proximity to many medical facilities and medical office groups in the River Parish area. Vital Link - South will serve the River Parish Eastbank and Westbank communities such as LaPlace, Destrehan, Gramercy, Reserve, Litcher, Hahnville, Luling and the "Bayou" communities such as Houma, Thibodeaux and surrounding areas.

Stacy Long, RN, COS-C, has joined our team as the Director of Nurses for South; she brings a wealth of homecare and management experience. Stacy has assembled a top-notch team of quality minded, caring home healthcare professionals who are eager to serve our clients. We are proud to welcome Stacy and the Vital Link Home Care-South team to the Vital Family. Stacy and her counterpart, Angelique Knoblock, Director of Nurses for Vital Link, A Home Care Company, will report to Barbara D'Aunoy, CCO and Associate Administrator. These three(3) will lead the clinical team for our home health care providers operations. Barbara continues to report directly to Carl Clark, CEO & Administrator.

With the addition of Vital Link - South's provider number, expanding our service areas and our core clinical leadership team in place, the Vital Health Care Group is positioned to meet the home health care needs of Southeast Louisiana.



Welcome Metairie Branch Manager

Vital Link, A Home Care Company would like to announce the promotion of Shawna Mitchell RN, BSN, MBA as the new Branch Manager for our Metairie office. Shawna has been with Vital for 6 months as a Patient Care Coordinator in the Metairie office. Shawna brings a wealth of nursing and healthcare knowledge spanning a 20+ year nursing career. Her nursing background includes experience in acute care, critical care, department management and clinical research. She has more than 6 years of current home healthcare experience in management roles and also COS-C coding/ Oasis experience. We hope that you will join us in congratulating Shawna on her new leadership role with our Vital family.



JULY

- 07/01 Rhonda Becnel (Met)
- 07/01 Joseph Dileo (Met)
- 07/02 Hilary Dickson (Hmd)
- 07/02 Cherie Pumila (Met)
- 07/05 Jerry Hollander Sr. (Mand)
- 07/07 Claudette Helm (B.R.)
- 07/07 Dion Travis (Met)
- 07/07 Rose Brai (Bog)
- 07/14 Elizabeth Simeon (Met)
- 07/17 Angie James (Hmd)
- 07/18 Kimberly London (B.R.)
- 07/22 Vicky Martin (Mand)
- 07/26 Roxanne Mitchell (B.R.)
- 07/27 Nancy Landry (Met)
- 07/28 Dustin Roussel (South)
- 07/29 Adam Arteaga (Hmd)

Happy Birthday



OCTOBER

- 10/01 Veronica Stewart (Hmd)
- 10/01 Taneishia Pierre (South)
- 10/01 Karen Crum (Mand)
- 10/04 Karen Johnson (Hmd)
- 10/06 Carmen Viada (Mand)
- 10/07 Tabitha Williams (Mand)
- 10/11 Rosalind Manuel (South)
- 10/12 Joy Allen (Corp)
- 10/13 Doren Nixon (B.R.)
- 10/13 Donna Rohm (Met)
- 10/16 Stacy Long (South)
- 10/16 Darla Rebowe (South)
- 10/18 Karen Maresma (Mand)
- 10/19 Cheryl Kane (Met)
- 10/24 Jerry Hollander Jr. (Owner)
- 10/27 Barbara D'Aunoy (Corp)

AUGUST

- 08/02 Nettie Tate (Bog)
- 08/03 Ronnie Roundtree (DME)
- 08/05 Karin Petz (Hmd)
- 08/06 Linda Looney (Bog)
- 08/07 Genevieve Thomas (Met)
- 08/07 Heidi Ockman (Hmd)
- 08/09 Joel Biernacki (Met)
- 08/10 Mathilda Chartain (Met)
- 08/11 Carroll Linden (DME)
- 08/16 Lindsay Lyford (South)
- 08/17 Christie Duplessis (Met)
- 08/19 Melissa Seal (Mand)
- 08/24 Maurice Welsh (Owner)
- 08/25 Seth Kelly (DME)
- 08/30 Trang Nguyen (Met)
- 08/31 Charleston Germany(DME)

SEPTEMBER

- 09/01 Cheryl Lyons (Met)
- 09/02 Christina Gegenheimer (Met)
- 09/03 Daniel Hollander (Owner)
- 09/12 Kenneth Eastin (Met)
- 09/12 Michael Penn (Met)
- 09/13 Crystal Drewes (Met)
- 09/13 Kathleen Sambola (DME)
- 09/16 Amy Mitchell (B.R.)
- 09/16 Ahsaki George-Scharpon (Met)
- 09/17 Margot Ballina (Met)
- 09/17 Rosary Papania (B.R.)
- 09/19 Alicia Tetreau (Bog)
- 09/21 Michael Gaudet (DME)
- 09/23 Eve Lion (Met)
- 09/25 Shkethia Cryer (Hmd)
- 09/29 Kristen Romback (Met)
- 09/29 Jennifer Kent (Met)



Welcome!

Welcome New Employees to the Vital Family

~Vital Link~

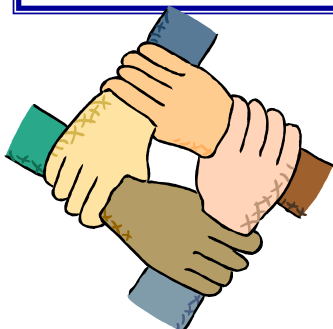
- Evelyn Perkins (B.R.)
- Doren Nixon (B.R.)
- Amber King (Hmd)
- Angela Matthews (Hmd)
- Michael Davis (Hmd)
- Shkethia Cryer (Hmd)
- Danielle Roussel (Hmd)
- Pamela Pfingsten (Mand)
- Nada Bailey (Mand)
- Dontrelle Terrell (Mand)
- Corey Penedo (Met)
- Cherylan Walker (Met)
- Heidi Burnette (Met)
- Deborah Austin (Met)
- Michelle Guidry (Met)

~Vital Link~

- Christie Duplessis (Met)
- Krystal Stann (Met)
- Carlisa Sewell (Met)
- Shara Thompson (Met)
- Stella Winfield (Met)
- Courtney Evans (Met)
- Fayedra Riley (Met)
- Crystal Drewes (Met)
- Darlene Lutcher (Met)
- Noreen Allen (Met)
- Bridgette Baker (Met)
- Aneka Moll (South)
- Shaunte Jackson (South)
- Michelle Thompson (South)

~Vital Link~

- Jean Branch (South)
- Taneshia Pierre (South)
- Rosalind Manuel (South)
- Karen Robinson (South)
- Marie Tassin (South)
- Stephanie Melerine (South)
- Arlene Stipe (South)
- Dustin Roussel (South)
- Lindsay Lyford (South)
- Vanessa Stevenson (South)
- Stacy Long (South)
- Tiffany Stewart (South)
- Leonore Turner (South)



“Teamwork is the ability to be **Linked** and work together toward a common vision. The ability to direct individual accomplishment toward organizational objectives. It is the fuel that allows common people to “believe in each other”Andrew Carnegie





Congratulations on 5 Years of Service



Loretta Stewart - 4/10/2011



Sue Hines - 4/17/2011



Charlotte Leonard - 4/17/2011



Nettie Tate - 4/17/2011



Deredra Vales - 4/17/2011



Wendi Presson - 4/24/2011



Michael Biguenet - 5/08/2011



Pamula Mixon - 6/26/2011



NATIONAL BREAST CANCER AWARENESS MONTH

OCTOBER is **Breast Cancer** Awareness Month.

There has been great progress over the last 30 years in identifying risk factors for **breast cancer**. At this time, researchers agree on many factors that increase **breast cancer** risk and some factors that lower risk. Some of these risk factors affect risk a great deal and others by only a small amount.

To decrease the risk of developing **Breast Cancer**, here are a few tips:

- Stay active
- Eat healthy
- Don't smoke
- Get tested
- Limit alcohol intake
- Self-examination



Support **PINK**

RIBB N

..... wear something **PINK** every Friday!!!

Vital Information.....

Congratulations



The Vital Health Care Group would like to congratulate Victoria Tramell, the daughter of Philippa Tramell (Mandeville) who recently won the state title of "Louisiana National American Miss Teen". She will be moving on to represent our state at the National Pageant in California this coming November. Victoria will be holding several "fun" raisers in August and the Fall. In August she will be hosting "GNO" girls night out in Covington. This is for girls of ages 4-12. It is a PJ lock in from 6p-10p at the YMCA. She will also be hosting two "fun" raising pageants on August 20th and 21st. Please contact Philippa for more details at 504-232-1300 or email her at pmtramell@bellsouth.net.

Vital Link Home Care-South, Senior Luncheon



Senior attendees "cooling off" with their Vital Link fans



Stacy Long, Darla Rebowe and Tiffany Stewart, checking seniors' vital signs

The Vital Health Care Group

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Vital DME

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Anyone with newsworthy information for the publication in The Vital Times, please contact Rhonda St. Amant or LaKisa Lemann at 504-835-4000, or email at rstamant@vitalhcg.com or llemann@vitalhcg.com