

THE VITAL HEALTH CARE GROUP

Vital Link, A Home Care Company
Vital DME
Vital Hospice

THE VITAL TIMES

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QUARTERLY NEWSLETTER

-HEALTH-

Healthy Heart:

Maintaining a healthy heart is vital to preventing heart disease. Exercise play a important role when keeping your heart healthy. The benefits of exercise include:

- Increased strength
- Improved Heart Health
- Decrease in Heart Disease risk factors
- Increased Well Being

Healthy Heart Tips:

- Take the stairs
- Walk at least 30 min a day
- Eat healthy

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Congratulations on 5 Years of Service



Kawanda Curry 4/20/2010



Mamie Hebert 7/11/2010



Rhonda Becnel 6/1/2010



Nicky Muscarello 7/20/2010

Vital Link Welcomes a Director of Nurses

Recently, Angelique Knoblock, RN, BS, CHCE, joined us as our new Director of Nurses (DON) for Vital Link, A Home Care Company. As DON, she is responsible for patient care activities and clinical staff supervision of the Vital Link provider and branch offices. Angelique brings years of experience in management, administration, as well as hands on clinical and operational knowledge of home health and hospice agency operations. Most recently she served as the Administrator for St. Tammany Parish Hospital Home Health and Hospice agencies. In addition, she has participated in many conferences and trainings focusing on the challenges we face in our industry today.

The owners of the Vital Health Care Group ask that you join them in welcoming Angelique to our team. She can be reached at the Hammond provider office.



Happy Birthday



OCTOBER

- 10/1 Veronica Stewart (Hmd)
- 10/1 Lynn Schumacher (Hosp)
- 10/6 Carmen Viada (Mand)
- 10/7 Tabitha Williams (Mand)
- 10/12 Joy Allen (DME)
- 10/13 Donna Rohm (Met)
- 10/16 Darla Rebowe (Met)
- 10/19 Bobbie Parker (Hmd)
- 10/19 Cheryl Kane (Met)
- 10/24 Jerry Hollander Jr (Owner)
- 10/27 Barbara D'Aunoy (Corp)

NOVEMBER

- 11/2 Banyon Tuminello (Hmd)
- 11/2 Karen Welch (Mand)
- 11/3 Tammy Owens (Corp)
- 11/4 Rhonda Cairns (Met)
- 11/4 Derrick Townsend (Met)
- 11/6 Christina Boutwell (Hmd)
- 11/7 Philippa Tramell (Mand)
- 11/9 Laurie Battalora (Hmd)
- 11/11 Margaret Rittner (B.R.)
- 11/12 Susan Bridges (B.R.)
- 11/12 Murel Johnson (Hmd)
- 11/15 Tawanda Lambert (Met)
- 11/20 Michael Biguenet (DME)
- 11/24 Elaine Williams (Met)
- 11/25 Patricia Antoine (Met)
- 11/29 Tammy Welsh (Hmd)

DECEMBER

- 12/2 Celeste Daigle (Met)
- 12/3 Robyn Woodall (Hmd)
- 12/3 Josephine Yarborough (Hmd)
- 12/6 Michelle Bourg (DME)
- 12/7 Stacie Heno (Hmd)
- 12/8 Donna Relan (Hmd)
- 12/8 Florella Hutchinson (Met)
- 12/11 Monica Borne (Hosp)
- 12/12 Shannell Allen (Hosp)
- 12/14 LaKisa Lemann (Corp)
- 12/15 Vanessa Creel (Hmd)
- 12/21 John Martello (DME)
- 12/22 Sarah Harrison (Hmd)
- 12/22 Cheryl Baham (Mand)
- 12/24 Erica Pierre (Mand)
- 12/25 Kawanda Curry (B.R.)
- 12/30 Jessica Nguyen (Met)
- 12/31 Chanda Allsop (Met)

Welcome New Employees to the Vital Family

~Vital Link~

- Chanda Allsop (Met)
- Christopher Anglin (Hmd)
- Jerri Anna Bankston (B.R.)
- Beth Bayer (Met)
- Lynnette Bourgeois (Met)
- Toya Brown (Met)
- Susan Cannizaro (Mand)
- Georgius Claudet (Met)
- Celeste Daigle (Met)
- Mona Davis (Hmd)
- Priscilla Gallese (Met)
- Lori Hall (Hmd)
- Julie Hauck (Met)
- Kim Knoblock (Met)
- Angelique Knoblock (Hmd)
- Tawanda Lambert (Met)

- Brittany Lee (Bog)
- LaKisa Lemann (Corp)
- Jennifer McConnell (Met)
- Tammy Owens (Corp)



~Vital Link~

- Erica Pierre (Mand)
- Cherie Pumila (Met)
- Margaret Rittner (B.R.)
- Donna Rohm (Met)
- Cynthia Scharfenstein (Mand)
- Karen Scott (Met)
- Elisabeth Sullivan (Hmd)
- Michael Sweeney (Mand)
- Julie Tate (B.R.)
- Derrick Townsend (Met)
- Carmen Viada (Met)
- Karen Welch (Mand)
- Joann West (Mand)
- Elaine Williams (Met)
- Tabitha Williams (Mand)

~Vital DME~

- Jessica Scyster

~Vital Hospice~

- Scarlett Adams
- Shannell Allen
- Jessica Demoulette
- Murel Johnson
- Carolyn Jones
- Ryan Rivers
- Jaime Stewart
- Chanell Williams

Employee Appreciation



Vital would like to thank all employees for their dedication and hard work they give to the company. These dates are set aside for employee appreciation.

OCTOBER - National Physical Therapy Month

NOVEMBER - National Home Health & Care Hospice Month (Community Educators)



Vital Link---New Quality Reporting Requirement-What is HHCAHPS?

CAHPS, also known as The Consumer Assessment of Healthcare Providers and Systems Home Health Care Survey is a new requirement for Medicare- certified home health care agencies. The Home Health Care CAHPS Survey is part of the Quality initiative legislation to ensure quality health care to all Americans through public disclosure and accountability. This legislation will allow consumers to view quality measures at www.medicare.gov on a quarterly basis with the first report available January 2012. CMS has mandated that all CMS certified home health agencies participate in the program. Vital Link, A Home Care Company has selected an approved vendor to deliver the CAHPS surveys starting immediately.

A standardized survey for home health patients will be sent to patients by our vendor asking them to provide feedback and ratings on the home health care services they receive. Our staff should have knowledge of the program and understand the significance of this quality requirement. If you have not yet seen a copy of the survey that will be sent to our patients, please ask your Branch Manager to provide you with a copy for your review.

As evidence by our current high satisfaction/approval rating with our patients, we expect to see those same results in the publicly reported CAHPS survey results. Our Vital Team is committed to providing the highest level of care and services to our patients, our caregivers, our physicians, our colleagues and our communities.

Stay tuned for more information pertaining to CAHPS as the information is made available.

-Barbara D'Aunoy, CCO

Cold and Flu Prevention in the Workplace:

- Wash your hands for at least 15-20 sec with soap many times a day or sanitize with an alcohol-gel sanitizer, especially following contact with potentially contaminated surfaces:
 - } hands or face of others- including handshakes
 - } doorknob or handle (including microwave, refrigerator and coffee pot)
 - } copier/fax machine buttons
 - } countertop
 - } shared books or other office materials
 - } another person's keyboard or phone
- Following washing, turn off faucet with a paper towel
- Dry your hand with a clean paper towel or a air dryer
- Use a paper towel to open the bathroom door and dispose of paper towel in a trash bin outside of door
- Use a hand sanitizer between washing
- Avoid touching your face, eyes, or rubbing your nose
- Sneeze and cough into a tissue, throw the tissue away, and then wash your hands. If you don't have a tissue, cough or sneeze into your elbow rather than your hand
- Avoid close contact with anyone who has a cold or flu



Breast Cancer Awareness

As many of you may already know, October is Breast Cancer Awareness Month.

We the Vital Health Care Group, take pride in taking care of ourselves.

Here are a few tips on decreasing the risk of Breast Cancer:



- **Stay active**
- **Eat healthy**
- **Do a self-examination**
- **Limit alcohol intake**
- **Get tested**
- **Don't smoke**
- **Get a good night rest**



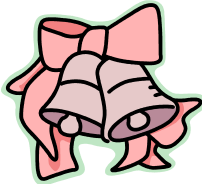
Vital Information...

Roar For The Score

Congratulations to the Bogalusa office for being first to reach their goal and to the Metairie office for coming in second!!!!

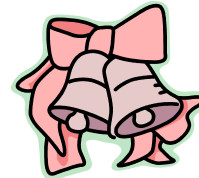


Congratulations



Cheryl Bindewald (Mand) who married Mark Baham
& Ashley Fryer (Hosp) who married Nakeyial Traxler

Both couples joined hands in marriage on
September 25, 2010



As we prepare for the up coming
Holiday Season,
The Vital Health Care Group
Wishes everyone and their families a
safe and joyous Holiday.



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